

RECREAPLEX INC.

Schedule

January 7 to June 23, 2007



HOURS OF OPERATION:

Monday to Thursday 6:45am - 9:30pm
 Friday 6:45am - 8:30pm
 Saturday & Sunday 9:00am - 7:30pm

SWIMMING:

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:45-8:00		Early Bird	Early Bird	Early Bird	Early Bird	Early Bird	
10:30-12:00	Public						
12:30-2:00		Adults	Adults	Adults	Adults	Adults	
1:00-3:00	Public			Public 2:30 - 3:30			Public
6:00-7:30	Public	Public	Public	Public	Public	Public	Public
7:30 - 8:30						Adult 12+	
8:30-9:30		Adult 16+	Adult 16+	Adult 16+	Adult 16+		

Special activity: March Break from March 4 to March 10, 2007. Schedule available at reception

Annual pool shutdown from June 21 to June 27, 2007

ACTIVITIES:

AQUACISE (ends June 8, 2007)	Monday / Wednesday / Friday	11:00 - 12:00 a.m.
AQUACISE (ends June 21 st , 2007)	Tuesday / Thursday	7:30 - 8:30 p.m.
STEP AEROBICS	Monday / Tuesday / Thursday	6:30 - 7:30 p.m.
LAPS (POOL)	Wednesday	7:30 - 8:30 p.m.
Yoga	Wednesday	7:00 - 8:00 p.m.
« BRIDGE »	Birthday party	Tanning
Swimming lessons	Locker rental	Pool rental
Member's rate	Hall rental	Visitor's pass

ADMISSION FEES:

Aquatic Center:

Adult: \$4.75
 Student / Senior: \$3.00

Fitness Center (Gym):

Adult: \$4.75
 Student / Senior: \$4.75

Activities: (Step, Aquacise)

Adult / Youth \$4.50
 55 yrs. and over: \$3.25

(All prices include taxes)

Note: Schedule is subject to changes without notice.

Call for daily schedule (24 hr. a day) (506) 684-7373